



Calendar of Events 2026

FEBRUARY

Flagship: Wellbeing Week (23–27 Feb)

Early Career: Burnout Whitepaper

Webinars: Loneliness; Menopause & Mental Health; What Men Need to Know

MARCH

Expert Series: Vicarious Trauma

Member Case Study #1: Allianz

Workshop: The Healthy Work Project

Thriving from the Start: Webinar

APRIL

Member Case Study #2: Bunnings

Early Career: Mentoring Insights Paper

MAY

Annual Gathering: Member Conference

Leader Collective: Roundtable

Member Case Study #3: EY

Early Career: Mentoring Program Commences

JUNE

Research: Mentally Healthy Workplaces Survey

Expert Series: What Leaders do after a Suicide

Member Case Study #4: Coles

Workshop: Vicarious Trauma

Thriving from the Start: Webinar

Webinar: Men's Mental Health

JULY

Research: Thriving at Work Assessment Launch

Member Case Study #5: TBC

AUGUST

Expert Series: Topic TBC

Member Case Study #6: Woolworths

Thriving from the Start: Webinar

SEPTEMBER

Member Case Study #7: TBC

Workshop: Suicide Postvention in the Workplace

Webinar: Suicide Prevention in the Workplace

OCTOBER

Research: Thriving at Work Assessment Reports

Member Case Study #8: TBC

Early Career: Mentoring Program Ends

Webinar: Women's Mental Health

NOVEMBER

Leader Collective: Roundtable

Expert Series: Topic TBC

Thriving from the Start: Webinar

DECEMBER

CMHAA Annual Report: Launch



Member-only



Public

